



# Genlife

## Regenerative Medicine

### **GENZONE COMPREHENSIVE PREVENTIVE AGING PROGRAM**

Our premiere program is truly for those who aspire to reach their highest level of wellness and maximally delay, prevent, and possibly reverse the degenerative diseases of aging. It is total body, mind, and spirit approach to wellness. Selected by more than 95% of our patients, this is the only way to go if you are serious about experiencing a higher quality of life.

The entire day is devoted to you, as you experience a thorough physical examination, comprehensive blood analysis, and biomarker measurements of your physical performance.

Our GenZone Comprehensive Preventive Aging Consultation includes the following integrated professional services:

- 1- Assessment of your medical history and lifestyle
- 2- Comprehensive blood panel for biomarkers of aging, hormone levels, and risk factors
- 3- Complete nutrition analysis
- 4- Physical performance testing and biomarker measurements of functional age
- 5- Physical examination
- 6- Biological age (versus chronological age) determination
- 7- Personal GenZone Preventive-Aging Program, designed specifically for you, with individualized recommendations together with one-on-one education in each of the following areas:
  - a. Optimum nutritional lifestyle
  - b. Nutritional supplementation
  - c. Fitness and exercise
  - d. Youthful hormone replenishment using bio identical hormones
  - e. Longevity lifestyle improvements
  - f. Stress response management techniques

You will soon begin functioning equivalent to someone many years younger than you are with a personally customized, physician-supervised program provided by Dr. Mahl and his staff.

#### **Ongoing Preventive-Aging Clinical Management**

Prevention is most successful when planned in advance. Unlike the conventional approach of seeking medical services after a medical problem develops, preventive aging-medicine encourages proactive intervention. To ensure your lifelong success, we can provide ongoing one-on-one physician guidance, monitoring, and clinical support, with renewable semi-annual clinical management agreements.

#### **Annual Preventive-Aging Evaluations**

Established patients following their GenZone Age Management Medicine Preventive-Aging Program find a return to the office for their semi annual or annual reassessment to be highly gratifying and motivating. This evaluation provides individuals an opportunity to measure their progress, reassess personal goals, review and fine-tune their GenZone AMM Preventive-Aging Program, and receive additional one-on-one education from Dr. Mahl and his staff of trained professionals in Nutrition, Fitness, Lifestyle and Supplements to name a few.