



Genlife

Regenerative Medicine

GenZone Age Management Medicine

GenZone Age Management Medicine (GenZone AMM) is a unique program designed to measure, treat, and delay the aging process. We will all age and die one day, but how soon, and to what extent that happens is determined by several known factors. Preventing aging or healthy living is just like preventing any disease. Aging can be delayed and even reversed. No one wants to live forever, but most of us would like to live our "Golden years" free from the disease and frailty that we commonly see. We call that healthy aging.

In order to repeat the rewards of optimizing your health and delaying the aging process, we offer a customized individualized program consisting of proper diet, exercise, hormonal replacement, and prescription medication as necessary. We use a number of specific Healthy-Aging Assessment Modalities and Biomarkers of Aging.

We do Comprehensive Blood Panels including hormones, lipids, cholesterol and thyroid profiles, food and allergy sensitivity testing, genetic testing and cancer screening as indicated. GI Analysis for bacteria can be performed, along with DXA Scans for osteoporosis and body composition. We provide vitamins, nutraceuticals and supplements including our premier line called BodyFood, plus exclusive products like TA 65 and Celergen, for the privacy and convenience of our patients. We work with the best labs to evaluate blood, saliva, buccal swabs, urine and stool to get the most information and individualize treatment.

Aging is inevitable, but how you age is not. GenZone Age Management Medicine (GZAMM) is your gateway to next-generation medical science... a comprehensive, evidenced-based approach to managing your aging process.

Forget conventional thinking about aging, and diagnose-and-treat philosophies. GZAMM shifts the emphasis from disease-driven medicine to an innovative, health-focused practice. GZAMM's Medical Director, Dr Mahl helps you take control of the aging process and improve your health span.

First you have to focus on discovery – getting real answers to your specific health concerns. That's where we come in. We travel far beyond the conventional approach of quick, routine exams and generalized estimates, based on body type, gender and age. Instead, we get down to the truth about your unique situation, starting with a comprehensive evaluation – an extremely thorough set of diagnostics that establishes your personal metabolic and physical baseline and current biological age – how old you really are. We rely on this evidenced-based data to see the big picture, uncovering your strengths and weakest health links.

Next, Dr Mahl and his staff partner with you, creating a multi-faceted program that meets your health goals and successfully manages your aging process. Each program is tailored to your needs and goals. Therefore, your program plan will be unlike the patient before you and the ones who follow. You stay in control, making informed decisions from solid medical evaluations and experience.

Research shows our synergistic whole-life approach helps individuals restore and maintain optimal health so they live well longer. At GenZone Age Management Medicine, we keep your health on course, tracking progress, reviewing test results, discussing examinations and determining adjustments to your personal program along the way.

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As a result, you enjoy youthful aging, living out your years with vitality, vigor and a higher quality of life – with improved cognitive functions, enhanced libido, lean body mass, decreased body fat, better skin tone, improved cholesterol scores, a stronger immune system and healthier bones.

Our medical strategies have helped men and women across the country regain their edge. You can count on progressive, evidence-based health solutions, delivered by Dr. Mahl and his Associates. We call this healthy aging.

Some of the benefits of Age Management Medicine include:

- Increased Bone Strength
- Lowers Bad Cholesterol
- Raises Good Cholesterol
- Increases Energy
- Improves Well-Being
- Increases Weight Loss
- Lowers Blood Pressure
- Improves Immune System
- Increases Sexual Potency
- Improves Memory
- Increases Muscle Mass
- Improves Libido
- Increases Skin Elasticity and Tone
- Improves Cardiovascular Strength

Our GenZone AMM Treatments & Procedures include:

- Telomere Analysis
- Comprehensive blood panels
- Food sensitivity and allergy testing
- Saliva analysis
- Urine analysis
- Stool analysis
- Buccal swabs
- GI microbiome diagnosis
- DXA Scan – Bone density
- Electrocardiogram (ECG)
- Ultrasound body analysis
- Genetic markers
- Cancer markers
- Retina exam (interior of eye)
- Carotid intima-media thickness test (CIMT)
- Bio identical hormone replacement therapy (BIHRT)
- Sex hormone
- HGH (Human Growth Hormone)
- HCG (Human Chorionic Gonadotropin)
- Thyroid
- Nutrition/Diet
- Fitness/Exercise
- Weight loss (with and without HCG)
- IV nutritional therapies
- Exercise regimens