



# Genlife

Regenerative Medicine

## Benefits of Testosterone Therapy (TRT)

*Reach beyond just boosting energy and sex drive*

- Reduce fat and increase muscle
- Improve your concentration
- Maintain sleep and feel more rested
- Maintain bone density/strength
- Increase strength and athletic performance
- Improve mood
- Improve insulin sensitivity
- Improve erectile function
- Heighten your motivation
- Increase your sense of well-being



Some experts in the field cite testosterone's natural anti-inflammatory effects as the reason why some men also enjoy a reduction in joint pain.

Most patients begin to notice improvements in the first month of therapy, but the most significant changes begin to occur at the 4-6 week mark.

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